You Shall Not Give False Testimony

Exodus 20:16

Read 1 John 1:5-10. What do you think it means to say "God is light"?

Walking in the light does not mean sinless perfection. If it did, John wouldn't say people who walk in the light need to confess their sins (1:9). So, what does walking in the light mean?

If God is so open about forgiving our sins if we confess them, why is it often hard for us to admit we've done wrong?

If we are to keep the command to not give false testimony against our neighbour, discuss the range of behaviours we will seek to avoid. What are the behaviours we want to take on?

What are the habits you might cultivate in order to become a person of truth?

What do you think about finding someone to hold you accountable in your private life? If it sounds like a good idea who might that person be? If you don't like the idea, why not?

When do you feel the pressure to avoid speaking the truth? What advanced, premeditated responses might help you to be a person who speaks the truth?

God offers us his Holy Spirit that we might be born again and renewed in the likeness of Jesus. Do you want that help? If the answer is "Yes, but ..." what is the "but"?

Speaking the truth is not our only concern as God's children. We want to speak the truth in love, we want speak what is true, helpful and kind. What are the situations in which you find this difficult?

Pray that we might be renewed in the image of Jesus and be known as people of truth for our good and God's glory.