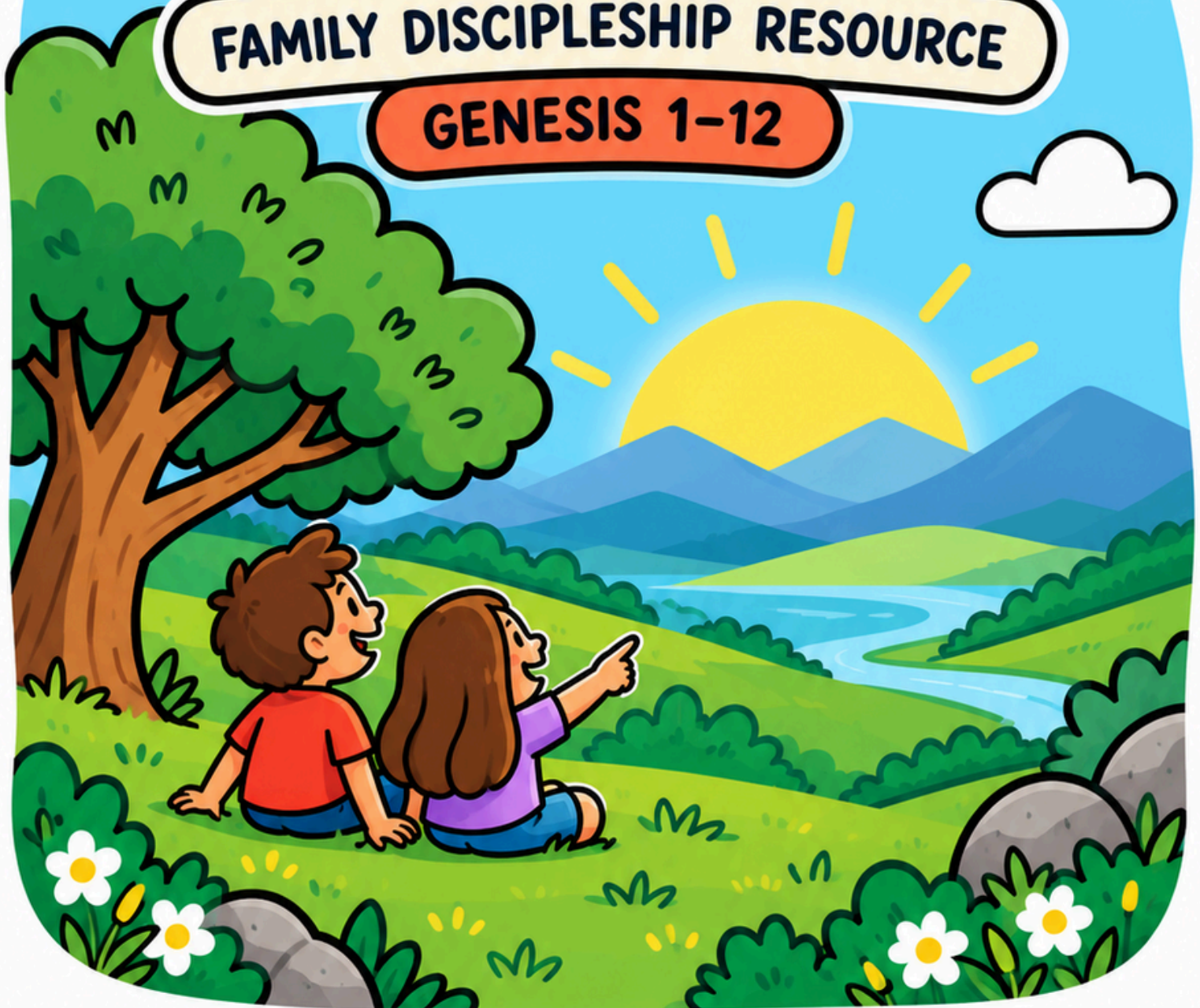


WHO WE ARE

FAMILY DISCIPLESHIP RESOURCE

GENESIS 1-12



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TO OUR WONDERFUL FAMILIES...

Following Jesus as a family happens in all sorts of ordinary moments...around the dinner table, in the car, at bedtime, on the school run, in the questions our kids ask and in the way we learn to love the people around us.

As parents and carers, we have an incredible opportunity to help our children discover who God is, who He has made them to be, and what it looks like to follow Jesus in everyday life. And as GWAC, we want you to know that you don't have to do that alone. We want to encourage, equip and support you as you nurture faith at home.

That's why we've created this Family Discipleship Resource to journey alongside our Who We Are series through Genesis. As we explore these early chapters of the Bible, we'll discover that we are made by God, loved by God, made for relationship, held by His promises and invited to be part of His work in the world.

Inside you'll find simple questions, activities, dinner-table conversations, creative ideas and prayers that you can use together. You don't need to do everything! Pick what works for your family, adapt it for the ages of your kids, and use it to help faith become part of the ordinary rhythms of life.

Our prayer is that this resource gives you helpful tools and language to have conversations about faith, create space for wonder and help your kids discover that the story of Genesis is also a story about who they are and the God who made them.

We're cheering you on, praying for you, and grateful that we get to partner with you as together we raise children who know they are deeply loved by God, who love Jesus and others, and who believe God can use them to bring His love and hope into the world.

Together...let's raise a generation whose lives give the world
a glimpse of God's Kingdom.



Scan the QR code to share how your family
have used this resource

Made to Show What God Is Like

GENESIS 1:26–31

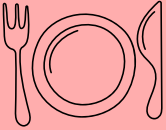
Big Idea

God made every person special and valuable. We can show others what God is like by the way we live and love.

Wonder Together

- If you could create a brand-new animal, what would it look like?
- What is something about you that is different from everyone else in your family?

Around the Dinner Table

- What is something you like about the way God made you? 
- What is something special you notice about someone else at the table?

Create Together

Play-Doh People

Give everyone Play-Doh or modelling clay plus:

- googly eyes/beads
- pipe cleaners
- paddle-pop sticks

Make a person.

When everyone is finished, put them together and ask:

What is different about each one?

What is the same?

God made every person differently, but every person is precious to Him.



Experience Together

Mirror Me

Pair up.

One person:

- smiles
- waves
- stretches
- pulls a funny face
- dances



The other person has to act like a mirror and copy them.

Swap.

Then explain:

A mirror shows us something of what a person is like. Being made in God's image means people were made to show something of what God is like His love, creativity, kindness and care.

Pray Together

God, thank You for making us and loving us. Help us remember that every person matters to You. Help us show Your love to others. Amen.

We Need Each Other

GENESIS 2:15–18, 21–23

Big Idea

God made us to know Him and share life with other people.
We are better together.

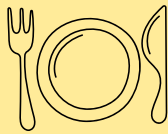
Wonder Together

- What is something that is more fun with a friend?
- Why do you think God gives us friends and family?
- How can we tell if someone is feeling lonely?



Around the Dinner Table

- Who helped you today?
- Who did you help?
- Who do you love spending time with?
- Who could we hang out with this week?



Experience Together

Wool Web

Sit in a circle with a ball of wool.
One person holds the end and rolls the ball to another person, saying: "I'm thankful for you because..."
That person holds part of the wool and rolls it to someone else.
Keep going until you've made a big web.

Then have one person let go.

What happens to the web?

Talk about how we are connected and how the way we care for each other matters.

Create Together

Friendship Bracelets

Use:

- elastic / string
- coloured beads / penne pasta
- alphabet beads if you have them

Make a bracelet.

Choose different coloured beads to represent people God has given you:

- family
- friends
- teachers
- neighbours
- church family

As each bead goes on, name someone you are thankful for.

You could even make one for someone outside your family and give it to them.



Pray Together

God, thank You for being with us and for giving us people to share life with.
Help us be good friends and notice people who feel lonely. Amen.

God Doesn't Give Up

GENESIS 2:15–18, 21–23

Big Idea

Even when people get things wrong,
God still loves us and comes looking for us.

Wonder Together ?

- Have you ever wanted to hide after doing something wrong?
- What makes you feel better when something goes wrong?

Around the Dinner Table

- Did anything go wrong today?
- Did you need to say sorry for anything?
- Was there something hard that you had to do today?
- What helps you remember that God still loves you when you make a mistake?



Experience Together

Torch Hunt

Dim a room and hide a few objects or toy people around it.

Give everyone a torch and let them search.

Afterwards ask:

- Was it harder to find things in the dark?
- How did it feel when you found them?

Adam and Eve hid from God, but God came looking for them.

You could finish by saying:

We never have to hide from God.

Create Together

Hope Lantern

You'll need:

- a clear jar/plastic cup
- tissue paper
- PVA glue
- paintbrush
- battery tea light



Tear coloured tissue paper and glue it around the outside.

When it dries, put the battery candle inside.

Turn the lights down and watch it glow.

Talk about how Genesis 3 becomes a dark part of the Bible story but God gives hope right there in the darkness.

You could write on a tag:

GOD DOESN'T GIVE UP.

Pray Together

God, thank You that You never stop loving us. When we get things wrong, help us be honest, say sorry and trust that You are still with us.

Amen.

We Need Each Other

GENESIS 4:3-10

Big Idea

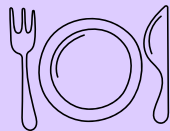
God wants us to care about other people,
not compare ourselves with them.

Wonder Together



- What kind of things make you frustrated?
- What does it look like to care for someone?
- What is something one of your friends is really good at?

Around the Dinner Table



- Who made you feel included today?
- What is something good you saw someone else do?
- Who could we encourage this week?

Experience Together

Celebration Toss

Use a soft ball or beanbag.
Throw it to someone and say something you appreciate about them:

"I like that you..."

"You are really good at..."

They throw it to someone else.
The challenge is that everyone gets celebrated.

Then talk about how someone else being great at things can be good news instead of making us frustrated?

Create Together

Belonging Rocks

You'll need:

- smooth rocks
- paint or paint pens
- brushes

Give everyone a rock.

Paint:

- their name
- a heart
- something they love
- or a picture that represents them

Put all the rocks together in a bowl, garden bed or pot.

Add one extra rock saying:

YOU BELONG HERE.

Talk about how the collection wouldn't be the same if one rock was missing.



Pray Together

God, thank You for the people around us. Help us choose kindness instead of jealousy, celebrate other people and notice anyone who feels left out. Amen

God Rescues Us

GENESIS 6:8–9, 17–18, 22

Big Idea

When Noah needed help, God made a way to rescue him.
God is a God who saves.

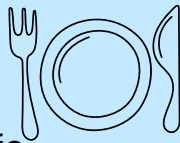
Wonder Together

- Have you ever needed someone to help you?
- Why do you think Noah had to trust God?
- Is it easy or hard to ask for help?



Around the Dinner Table

- Is there something you need help with at the moment?
- What helps you feel safe when something is scary?
- What could we ask God to help us with?



Experience Together

Animal Rescue Relay

Scatter stuffed animals around the room or backyard. Put a laundry basket at the other end and call it the ARK.

Family members race to collect the animals two at a time and bring them safely to the ark.

For extra chaos, nominate different animal movements:

- hop like a kangaroo
- waddle like a penguin
- crawl like a bear

Create Together

Build a Floating Ark

You'll need:

- aluminium foil
- a tub/sink of water
- coins, LEGO animals or small figures

Each person builds a foil "ark". Float it and slowly add animals or coins.

How many can your ark hold before it sinks? Try changing the shape and testing it again.

Talk about how Noah didn't make up his own rescue plan God showed him the way.



Pray Together

God, thank You that You help us when we cannot fix everything ourselves. Thank You that You rescue us through Jesus. Help us trust You. Amen.

God Keeps His Promises

GENESIS 9:8-13

Big Idea

God always keeps His promises.

We can trust Him

Wonder Together

- What is a promise?
- Why is it important to keep promises?
- How would you describe a rainbow to someone?



Around the Dinner Table

- Who is someone you trust?
- What helps you trust them?
- What is something true about God that we can always remember?



Experience Together

Rainbow Science

You'll need:

- a white plate
- Skittles
- warm water

Arrange the Skittles around the edge of the plate in a circle.

Slowly pour warm water into the middle until it touches the lollies.

Watch the colours spread and form a rainbow.

Ask:

- *What colours can you see?*
- *What did God tell Noah to remember when he saw a rainbow?*

Create Together

Rainbow Salt Jar

You'll need:

- Table salt
- A clear jar or bottle
- Spoon or funnel
- Coloured chalk or food colouring
- Small bowls or zip-lock bags



Divide the salt into a few small bowls or bags.

Colour each batch a different rainbow colour. If you're using chalk, rub or crush the chalk through the salt until the colour spreads through it. If using food colouring, add just a tiny drop at a time and mix well.

Carefully spoon the colours into your jar one layer at a time.

As you add each colour, name something that is always true about God:

- *God hears us.*
- *God loves us.*
- *God is with us.*
- *God is good.*
- *God forgives us.*
- *God keeps His promises*

Pray Together

God, thank You that You always keep Your promises. Help us trust You, even when we do not know what will happen next. Amen.

We Need Each Other

GENESIS 12:1-4A

Big Idea

God blessed Abram so he could be a blessing to others.
God gives us good things so we can share His love too.

Wonder Together

- How would you feel if we all had to go somewhere new?
- What does it mean to bless someone?



Around the Dinner Table

- Who helped make your day better today?
- Is there someone we could help or hang out with this week?



Create Together

Bake & Bless

You'll need:

- A simple biscuit, muffin or slice recipe and the ingredients
- Mixing bowl and spoon
- Baking tray or muffin tin
- A small container, paper bag or box
- Ribbon, stickers or a simple note card to say we want to bless you!



Choose something simple to make together. Once your baking has cooled, package some up to give away.

You might choose:

a neighbour, teacher, friend, grandparent, someone who is sick, someone who has helped your family.

Experience Together

Blessing Dominoes

You'll need:

- Dominoes
- Blocks, LEGO bricks, wooden pieces or anything else you can line up



Set up a long line of dominoes together. When you are ready, gently push the first one and watch what happens.

Ask:

- *What happened when just one domino moved?*
- *Could one small action affect lots of others?*
- *Can kindness work like that too?*

Try setting them up again.

Talk about:

One small act of kindness can lead to another, and another. God can use even small things we do to bring blessing to other people.

Pray Together

God, thank You for all the good things You give us. Help us trust You and use what we have to love and bless other people. Amen.

WHO WE ARE

GENESIS 1-12

